

Writing for Wellbeing in Westcott

May – July 2021



With summer ahead and the anticipation of restrictions easing, the title of our next series of workshops is Ready, Steady, Go! From that starting point, reminiscent of school sports days, we'll be exploring themes such as preparation, stability and setting off. As always, there'll be time and space to write, reflect and share.

Summer theme: Ready, Steady, Go!

MAY *Ready* Wed 19 / Thur 13 / Sat 15

JUNE *Steady* Wed 16 / Thur 17 / Sat 26

JULY *Go!* Wed 14 / Thur 15 / Sat 24

Time: Weds & Sat – 11.00 to 12.45 Thurs – 2.00 to 3.45

Cost: £8 per session

All workshops will be held on Zoom. The waiting room will open 10 minutes before each session for arrival and settling in.

Booking: To book, just email me at: heathershakes60@gmail.com
Once you've confirmed your place and paid, I'll send you the link.